

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-----------------|------------|-------------|-------------|-------------------------------------|
| 1 | Gen 1 | Ž 1 | Mt 1,1-17 | Úvod | <input checked="" type="checkbox"/> |
| 2 | Gen 2 | Ž 2 | Mt 1,18-25 | 1-10 | <input type="checkbox"/> |
| 3 | Gen 3 | Ž 3 | Mt 2 | 11-17 | <input type="checkbox"/> |
| 4 | Gen 4 | Ž 4 | Mt 3 | 18-25 | <input type="checkbox"/> |
| 5 | Gen 5-6,8 | Ž 5 | Mt 4 | 26-30 | <input type="checkbox"/> |
| 6 | Gen 6,9-7,24 | Ž 6 | Mt 5,1-20 | 31-38 | <input type="checkbox"/> |
| 7 | Gen 8-9 | Ž 7 | Mt 5,21-48 | 39-49 | <input type="checkbox"/> |
| 8 | Gen 10-11 | Ž 8 | Mt 6,1-18 | 50-53 | <input type="checkbox"/> |
| 9 | Gen 12-13 | Ž 9 | Mt 6,19-34 | 54-64 | <input type="checkbox"/> |
| 10 | Gen 14-15 | Ž 10 | Mt 7,1-14 | 65-73 | <input type="checkbox"/> |
| 11 | Gen 16-17 | Ž 11 | Mt 7,15-29 | 74-79 | <input type="checkbox"/> |
| 12 | Gen 18 | Ž 12 | Mt 8,1-17 | 80-90 | <input type="checkbox"/> |
| 13 | Gen 19 | Ž 13 | Mt 8,18-34 | 91-100 | <input type="checkbox"/> |
| 14 | Gen 20 | Ž 14 | Mt 9,1-17 | 101-108 | <input type="checkbox"/> |
| 15 | Gen 21 | Ž 15 | Mt 9,18-38 | 109-119 | <input type="checkbox"/> |
| 16 | Gen 22-23 | Ž 16 | Mt 10,1-23 | 120-130 | <input type="checkbox"/> |
| 17 | Gen 24 | Ž 17 | Mt 10,24-42 | 131-141 | <input type="checkbox"/> |
| 18 | Gen 25-26 | Ž 18,1-30 | Mt 11,1-15 | 142-149 | <input type="checkbox"/> |
| 19 | Gen 27 | Ž 18,31-51 | Mt 11,16-30 | 150-159 | <input type="checkbox"/> |
| 20 | Gen 28-29 | Ž 19 | Mt 12,1-21 | 160-165 | <input type="checkbox"/> |
| 21 | Gen 30 | Ž 20 | Mt 12,22-37 | 166-171 | <input type="checkbox"/> |
| 22 | Gen 31 | Ž 21 | Mt 12,38-50 | 172-184 | <input type="checkbox"/> |
| 23 | Gen 32-33 | Ž 22 | Mt 13,1-23 | 185-197 | <input type="checkbox"/> |
| 24 | Gen 34-35 | Ž 23 | Mt 13,24-43 | 198-202 | <input type="checkbox"/> |
| 25 | Gen 36-37 | Ž 24 | Mt 13,44-58 | 203-209 | <input type="checkbox"/> |
| 26 | Gen 38-39 | Ž 25 | Mt 14,1-21 | 210-213 | <input type="checkbox"/> |
| 27 | Gen 40-41 | Ž 26 | Mt 14,22-36 | 214-221 | <input type="checkbox"/> |
| 28 | Gen 42-43 | Ž 27 | Mt 15,1-20 | 222-231 | <input type="checkbox"/> |
| 29 | Gen 44-45 | Ž 28 | Mt 15,21-39 | 232-237 | <input type="checkbox"/> |
| 30 | Gen 46-47 | Ž 29 | Mt 16 | 238-248 | <input type="checkbox"/> |
| 31 | Gen 48-49,27 | Ž 30 | Mt 17 | 249-256 | <input type="checkbox"/> |
| 32 | Gen 49,28-50,26 | Ž 31 | Mt 18,1-20 | 257-267 | <input type="checkbox"/> |
| 33 | Ex 1-2 | Ž 32 | Mt 18,21-35 | 268-274 | <input type="checkbox"/> |
| 34 | Ex 3-4 | Ž 33 | Mt 19,1-15 | 275-281 | <input type="checkbox"/> |
| 35 | Ex 5-6 | Ž 34 | Mt 19,16-30 | 282-289 | <input type="checkbox"/> |
| 36 | Ex 7-8 | Ž 35 | Mt 20,1-16 | 290-294 | <input type="checkbox"/> |
| 37 | Ex 9 | Ž 36 | Mt 20,17-34 | 295-301 | <input type="checkbox"/> |
| 38 | Ex 10-11 | Ž 37 | Mt 21,1-22 | 302-308 | <input type="checkbox"/> |
| 39 | Ex 12 | Ž 38 | Mt 21,23-46 | 309-314 | <input type="checkbox"/> |
| 40 | Ex 13-14 | Ž 39 | Mt 22,1-22 | 315-324 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-------------|------------|----------------|-------------|--------------------------|
| 41 | Ex 15 | Ž 40 | Mt 22,23-46 | 325-336 | <input type="checkbox"/> |
| 42 | Ex 16-17 | Ž 41 | Mt 23,1-22 | 337-349 | <input type="checkbox"/> |
| 43 | Ex 18-19 | Ž 42-43 | Mt 23,23-39 | 350-354 | <input type="checkbox"/> |
| 44 | Ex 20-21 | Ž 44 | Mt 24,1-22 | 355-361 | <input type="checkbox"/> |
| 45 | Ex 22-23 | Ž 45 | Mt 24,23-44 | 362-368 | <input type="checkbox"/> |
| 46 | Ex 24-25 | Ž 46 | Mt 24,45-25,13 | 369-373 | <input type="checkbox"/> |
| 47 | Ex 26-27 | Ž 47-48 | Mt 25,14-30 | 374-384 | <input type="checkbox"/> |
| 48 | Ex 28 | Ž 49 | Mt 25,31-46 | 385-390 | <input type="checkbox"/> |
| 49 | Ex 29-30 | Ž 50 | Mt 26,1-25 | 391-395 | <input type="checkbox"/> |
| 50 | Ex 31-33 | Ž 51 | Mt 26,26-46 | 396-403 | <input type="checkbox"/> |
| 51 | Ex 34-35 | Ž 52 | Mt 26,47-75 | 404-409 | <input type="checkbox"/> |
| 52 | Ex 36-38 | Ž 53-54 | Mt 27,1-26 | 410-421 | <input type="checkbox"/> |
| 53 | Ex 39-40 | Ž 55 | Mt 27,27-50 | 422-429 | <input type="checkbox"/> |
| 54 | Lev 1-3 | Ž 56 | Mt 27,51-66 | 430-435 | <input type="checkbox"/> |
| 55 | Lev 4-5 | Ž 57 | Mt 28 | 436-440 | <input type="checkbox"/> |
| 56 | Lev 6-7 | Ž 58 | Sk 1 | 441-445 | <input type="checkbox"/> |
| 57 | Lev 8-9 | Ž 59 | Sk 2,1-21 | 446-455 | <input type="checkbox"/> |
| 58 | Lev 10-11 | Ž 60 | Sk 2,22-47 | 456-463 | <input type="checkbox"/> |
| 59 | Lev 12-13 | Ž 61 | Sk 3 | 464-469 | <input type="checkbox"/> |
| 60 | Lev 14 | Ž 62 | Sk 4,1-22 | 470-475 | <input type="checkbox"/> |
| 61 | Lev 15-16 | Ž 63 | Sk 4,23-37 | 476-483 | <input type="checkbox"/> |
| 62 | Lev 17-18 | Ž 64 | Sk 5,1-21a | 484-489 | <input type="checkbox"/> |
| 63 | Lev 19-20 | Ž 65 | Sk 5,21b-42 | 490-495 | <input type="checkbox"/> |
| 64 | Lev 21-22 | Ž 66 | Sk 6 | 496-501 | <input type="checkbox"/> |
| 65 | Lev 23-24 | Ž 67 | Sk 7,1-30 | 502-511 | <input type="checkbox"/> |
| 66 | Lev 25 | Ž 68 | Sk 7,31-60 | 512-518 | <input type="checkbox"/> |
| 67 | Lev 26-27 | Ž 69 | Sk 8,1-24 | 519-524 | <input type="checkbox"/> |
| 68 | Num 1-2 | Ž 70 | Sk 8,25-40 | 525-530 | <input type="checkbox"/> |
| 69 | Num 3-4 | Ž 71 | Sk 9,1-22 | 531-534 | <input type="checkbox"/> |
| 70 | Num 5-6 | Ž 72 | Sk 9,23-43 | 535-540 | <input type="checkbox"/> |
| 71 | Num 7 | Ž 73 | Sk 10,1-23 | 541-546 | <input type="checkbox"/> |
| 72 | Num 8-9 | Ž 74 | Sk 10,24-49 | 547-553 | <input type="checkbox"/> |
| 73 | Num 10-11 | Ž 75 | Sk 11 | 554-556 | <input type="checkbox"/> |
| 74 | Num 12-13 | Ž 76 | Sk 12 | 557-560 | <input type="checkbox"/> |
| 75 | Num 14-15 | Ž 77 | Sk 13,1-25 | 561-570 | <input type="checkbox"/> |
| 76 | Num 16-17 | Ž 78,1-35 | Sk 13,26-52 | 571-576 | <input type="checkbox"/> |
| 77 | Num 18-19 | Ž 78,36-72 | Sk 14 | 577-582 | <input type="checkbox"/> |
| 78 | Num 20-21 | Ž 79 | Sk 15,1-21 | 583-586 | <input type="checkbox"/> |
| 79 | Num 22-23 | Ž 80 | Sk 15,22-41 | 587-594 | <input type="checkbox"/> |
| 80 | Num 24-25 | Ž 81 | Sk 16,1-16 | 595-598 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|----------------|-------------|----------------|-------------|--------------------------|
| 81 | Num 26-27 | Ž 82 | Sk 16,17-40 | 599-605 | <input type="checkbox"/> |
| 82 | Num 28-29 | Ž 83 | Sk 17,1-15 | 606-611 | <input type="checkbox"/> |
| 83 | Num 30-31 | Ž 84 | Sk 17,16-34 | 612-617 | <input type="checkbox"/> |
| 84 | Num 32-33 | Ž 85 | Sk 18 | 618-623 | <input type="checkbox"/> |
| 85 | Num 34-35 | Ž 86 | Sk 19,1-20 | 624-630 | <input type="checkbox"/> |
| 86 | Num 36 | Ž 87 | Sk 19,21-40 | 631-637 | <input type="checkbox"/> |
| 87 | Dt 1-2 | Ž 88 | Sk 20,1-16 | 638-640 | <input type="checkbox"/> |
| 88 | Dt 3-4,24 | Ž 89,1-18 | Sk 20,17-38 | 641-646 | <input type="checkbox"/> |
| 89 | Dt 4,25-5,33 | Ž 89,19-53 | Sk 21,1-16 | 647-650 | <input type="checkbox"/> |
| 90 | Dt 6-7 | Ž 90 | Sk 21,17-36 | 651-658 | <input type="checkbox"/> |
| 91 | Dt 8-9 | Ž 91 | Sk 21,37-22,16 | 659-667 | <input type="checkbox"/> |
| 92 | Dt 10-11 | Ž 92 | Sk 22,17-29 | 668-672 | <input type="checkbox"/> |
| 93 | Dt 12-13 | Ž 93-94 | Sk 22,30-23,11 | 673-677 | <input type="checkbox"/> |
| 94 | Dt 14-16 | Ž 95 | Sk 23,12-35 | 678-682 | <input type="checkbox"/> |
| 95 | Dt 17-18 | Ž 96 | Sk 24 | 683-686 | <input type="checkbox"/> |
| 96 | Dt 19-21 | Ž 97 | Sk 25 | 687-690 | <input type="checkbox"/> |
| 97 | Dt 22-23 | Ž 98 | Sk 26 | 691-693 | <input type="checkbox"/> |
| 98 | Dt 24-26 | Ž 99 | Sk 27,1-26 | 694-701 | <input type="checkbox"/> |
| 99 | Dt 27-28,46 | Ž 100 | Sk 27,27-44 | 702-708 | <input type="checkbox"/> |
| 100 | Dt 28,47-29,28 | Ž 101 | Sk 28 | 709-716 | <input type="checkbox"/> |
| 101 | Dt 30-31 | Ž 102 | 1 Sol 1 | 717-720 | <input type="checkbox"/> |
| 102 | Dt 32 | Ž 103 | 1 Sol 2 | 721-726 | <input type="checkbox"/> |
| 103 | Dt 33-34 | Ž 104 | 1 Sol 3 | 727-730 | <input type="checkbox"/> |
| 104 | Joz 1-3 | Ž 105 | 1 Sol 4 | 731-736 | <input type="checkbox"/> |
| 105 | Joz 4-6 | Ž 106 | 1 Sol 5 | 737-747 | <input type="checkbox"/> |
| 106 | Joz 7-8 | Ž 107 | 2 Sol 1 | 748-752 | <input type="checkbox"/> |
| 107 | Joz 9-10 | Ž 108 | 2 Sol 2 | 753-757 | <input type="checkbox"/> |
| 108 | Joz 11-13 | Ž 109 | 2 Sol 3 | 758-762 | <input type="checkbox"/> |
| 109 | Joz 14-15 | Ž 110 | Gal 1 | 763-769 | <input type="checkbox"/> |
| 110 | Joz 16-18 | Ž 111 | Gal 2 | 770-773 | <input type="checkbox"/> |
| 111 | Joz 19-20 | Ž 112 | Gal 3 | 774-780 | <input type="checkbox"/> |
| 112 | Joz 21-22 | Ž 113 | Gal 4 | 781-786 | <input type="checkbox"/> |
| 113 | Joz 23-24 | Ž 114 | Gal 5 | 787-791 | <input type="checkbox"/> |
| 114 | Jud 1-2 | Ž 115 | Gal 6 | 792-796 | <input type="checkbox"/> |
| 115 | Jud 3-4 | Ž 116 | Jak 1 | 797-801 | <input type="checkbox"/> |
| 116 | Jud 5-6 | Ž 117 | Jak2 | 802-810 | <input type="checkbox"/> |
| 117 | Jud 7-8 | Ž 118 | Jak 3 | 811-816 | <input type="checkbox"/> |
| 118 | Jud 9 | Ž 119,1-16 | Jak 4 | 817-819 | <input type="checkbox"/> |
| 119 | Jud 10-11 | Ž 119,17-32 | Jak 5 | 820-822 | <input type="checkbox"/> |
| 120 | Jud 12-14 | Ž 119,33-48 | Mk 1,1-28 | 823-829 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-----------------|---------------|---------------|-------------|--------------------------|
| 121 | Jud 15-16 | Ž 119,49-64 | Mk 1,29-45 | 830-835 | <input type="checkbox"/> |
| 122 | Jud 17-19 | Ž 119,65-80 | Mk 2,1-17 | 836-838 | <input type="checkbox"/> |
| 123 | Jud 20-21 | Ž 119,81-96 | Mk 2,18-3,6 | 839-845 | <input type="checkbox"/> |
| 124 | Rút 1-2 | Ž 119,97-112 | Mk 3,7-35 | 846-848 | <input type="checkbox"/> |
| 125 | Rút 3-4 | Ž 119,113-128 | Mk 4,1-20 | 849-856 | <input type="checkbox"/> |
| 126 | ISam 1-2 | Ž 119,129-144 | Mk 4,21-41 | 857-862 | <input type="checkbox"/> |
| 127 | ISam 3-5 | Ž 119,145-160 | Mk 5,1-20 | 863-870 | <input type="checkbox"/> |
| 128 | ISam 6-8 | Ž 119,161-176 | Mk 5,21-43 | 871-873 | <input type="checkbox"/> |
| 129 | ISam 9-10 | Ž 120 | Mk 6,1-29 | 874-879 | <input type="checkbox"/> |
| 130 | ISam 11-13 | Ž 121 | Mk 6,30-56 | 880-887 | <input type="checkbox"/> |
| 131 | ISam 14 | Ž 122 | Mk 7,1-23 | 888-892 | <input type="checkbox"/> |
| 132 | ISam 15-16 | Ž 123 | Mk 7,24-37 | 893-896 | <input type="checkbox"/> |
| 133 | ISam 17 | Ž 124 | Mk 8,1-21 | 897-900 | <input type="checkbox"/> |
| 134 | ISam 18-19 | Ž 125 | Mk 8,22-38 | 901-907 | <input type="checkbox"/> |
| 135 | ISam 20-21 | Ž 126 | Mk 9,1-29 | 908-913 | <input type="checkbox"/> |
| 136 | ISam 22-23 | Ž 127 | Mk 9,30-50 | 914-919 | <input type="checkbox"/> |
| 137 | ISam 24-25 | Ž 128 | Mk 10,1-31 | 920-927 | <input type="checkbox"/> |
| 138 | ISam 26-28 | Ž 129 | Mk 10,32-52 | 928-933 | <input type="checkbox"/> |
| 139 | ISam 29-31 | Ž 130 | Mk 11,1-14 | 934-945 | <input type="checkbox"/> |
| 140 | 2Sam 1-2 | Ž 131 | Mk 11,15-33 | 946-953 | <input type="checkbox"/> |
| 141 | 2Sam 3-4 | Ž 132 | Mk 12,1-27 | 954-959 | <input type="checkbox"/> |
| 142 | 2Sam 5-6 | Ž 133-134 | Mk 12,28-44 | 960-962 | <input type="checkbox"/> |
| 143 | 2Sam 7-9 | Ž 135 | Mk 13,1-13 | 963-970 | <input type="checkbox"/> |
| 144 | 2Sam 10-12 | Ž 136 | Mk 13,14-37 | 971-975 | <input type="checkbox"/> |
| 145 | 2Sam 13-14 | Ž 137 | Mk 14,1-21 | 976-980 | <input type="checkbox"/> |
| 146 | 2Sam 15-16 | Ž 138 | Mk 14,22-42 | 981-987 | <input type="checkbox"/> |
| 147 | 2Sam 17-18 | Ž 139 | Mk 14,43-72 | 988-991 | <input type="checkbox"/> |
| 148 | 2Sam 19 | Ž 140 | Mk 15,1-20 | 992-996 | <input type="checkbox"/> |
| 149 | 2Sam 20-21 | Ž 141 | Mk 15,21-39 | 997-1004 | <input type="checkbox"/> |
| 150 | 2Sam 22-23,7 | Ž 142 | Mk 15,40-47 | 1005-1009 | <input type="checkbox"/> |
| 151 | 2Sam 23,8-24,25 | Ž 143 | Mk 16 | 1010-1014 | <input type="checkbox"/> |
| 152 | 1 Krľ 1 | Ž 144 | 1 Kor 1 | 1015-1019 | <input type="checkbox"/> |
| 153 | 1 Krľ 2-3 | Ž 145 | 1 Kor 2 | 1020-1022 | <input type="checkbox"/> |
| 154 | 1 Krľ 4-5 | Ž 146 | 1 Kor 3 | 1023-1029 | <input type="checkbox"/> |
| 155 | 1 Krľ 6-7 | Ž 147 | 1 Kor 4 | 1030-1037 | <input type="checkbox"/> |
| 156 | 1 Krľ 8 | Ž 148 | 1 Kor 5 | 1038-1041 | <input type="checkbox"/> |
| 157 | 1 Krľ 9-10 | Ž 149 | 1 Kor 6 | 1042-1050 | <input type="checkbox"/> |
| 158 | 1 Krľ 11-12 | Ž 150 | 1 Kor 7,1-24 | 1051-1060 | <input type="checkbox"/> |
| 159 | 1 Krľ 13-14 | Prísl 1,1-19 | 1 Kor 7,25-40 | 1061-1065 | <input type="checkbox"/> |
| 160 | 1 Krľ 15-16 | Prísl 1,20-33 | 1 Kor 8 | 1066-1070 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-------------|----------------|----------------|-------------|--------------------------|
| 161 | 1 Krľ 17-18 | Prísl 2 | 1 Kor 9 | 1071-1075 | <input type="checkbox"/> |
| 162 | 1 Krľ 19-20 | Prísl 3,1-18 | 1 Kor 10 | 1076-1083 | <input type="checkbox"/> |
| 163 | 1 Krľ 21-22 | Prísl 3,19-34 | 1 Kor 11 | 1084-1090 | <input type="checkbox"/> |
| 164 | 2 Krľ 1-3 | Prísl 4,1-18 | 1 Kor 12 | 1091-1098 | <input type="checkbox"/> |
| 165 | 2 Krľ 4-5 | Prísl 4,20-5,6 | 1 Kor 13 | 1099-1107 | <input type="checkbox"/> |
| 166 | 2 Krľ 6-7 | Prísl 5,7-23 | 1 Kor 14 | 1108-1112 | <input type="checkbox"/> |
| 167 | 2 Krľ 8-9 | Prísl 6,1-19 | 1 Kor 15,1-34 | 1113-1121 | <input type="checkbox"/> |
| 168 | 2 Krľ 10-11 | Prísl 6,20-35 | 1 Kor 15,35-58 | 1122-1129 | <input type="checkbox"/> |
| 169 | 2 Krľ 12-13 | Prísl 7 | 1 Kor 16 | 1130-1134 | <input type="checkbox"/> |
| 170 | 2 Krľ 14-15 | Prísl 8,1-21 | 2 Kor 1 | 1135-1139 | <input type="checkbox"/> |
| 171 | 2 Krľ 16-17 | Prísl 8,22-36 | 2 Kor 2 | 1140-1144 | <input type="checkbox"/> |
| 172 | 2 Krľ 18-19 | Prísl 9 | 2 Kor 3 | 1145-1152 | <input type="checkbox"/> |
| 173 | 2 Krľ 20-22 | Prísl 10,1-16 | 2 Kor 4 | 1153-1158 | <input type="checkbox"/> |
| 174 | 2 Krľ 23 | Prísl 10,17-32 | 2 Kor 5 | 1159-1162 | <input type="checkbox"/> |
| 175 | 2 Krľ 24-25 | Prísl 11,1-15 | 2 Kor 6 | 1163-1167 | <input type="checkbox"/> |
| 176 | 1 Krn 1-2 | Prísl 11,16-31 | 2 Kor 7 | 1168-1173 | <input type="checkbox"/> |
| 177 | 1 Krn 3-5 | Prísl 12,1-14 | 2 Kor 8 | 1174-1178 | <input type="checkbox"/> |
| 178 | 1 Krn 6-7 | Prísl 12,15-28 | 2 Kor 9 | 1179-1186 | <input type="checkbox"/> |
| 179 | 1 Krn 8-10 | Prísl 13,1-12 | 2 Kor 10 | 1187-1199 | <input type="checkbox"/> |
| 180 | 1 Krn 11-12 | Prísl 13,13-25 | 2 Kor 11 | 1200-1209 | <input type="checkbox"/> |
| 181 | 1 Krn 13-15 | Prísl 14,1-17 | 2 Kor 12 | 1210-1216 | <input type="checkbox"/> |
| 182 | 1 Krn 16-17 | Prísl 14,18-35 | 2 Kor 13 | 1217-1225 | <input type="checkbox"/> |
| 183 | 1 Krn 18-21 | Prísl 15,1-17 | Rim 1 | 1226-1233 | <input type="checkbox"/> |
| 184 | 1 Krn 22-24 | Prísl 15,18-33 | Rim 2 | 1234-1245 | <input type="checkbox"/> |
| 185 | 1 Krn 25-27 | Prísl 16,1-16 | Rim 3 | 1246-1256 | <input type="checkbox"/> |
| 186 | 1 Krn 28-29 | Prísl 16,17-33 | Rim 4 | 1257-1266 | <input type="checkbox"/> |
| 187 | 2 Krn1-3 | Prísl 17,1-15 | Rim 5 | 1267-1274 | <input type="checkbox"/> |
| 188 | 2 Krn4-6 | Prísl 17,16-28 | Rim 6 | 1275-1284 | <input type="checkbox"/> |
| 189 | 2 Krn7-9 | Prísl 18,1-12 | Rim 7 | 1285-1292 | <input type="checkbox"/> |
| 190 | 2 Krn10-12 | Prísl 18,13-24 | Rim 8 | 1293-1301 | <input type="checkbox"/> |
| 191 | 2 Krn13-15 | Prísl 19,1-14 | Rim 9 | 1302-1311 | <input type="checkbox"/> |
| 192 | 2 Krn16-18 | Prísl 19,15-29 | Rim 10 | 1312-1321 | <input type="checkbox"/> |
| 193 | 2 Krn19-21 | Prísl 20,1-15 | Rim 11 | 1322-1332 | <input type="checkbox"/> |
| 194 | 2 Krn22-24 | Prísl 20,16-30 | Rim 12 | 1333-1340 | <input type="checkbox"/> |
| 195 | 2 Krn25-27 | Prísl 21,1-15 | Rim 13 | 1341-1347 | <input type="checkbox"/> |
| 196 | 2 Krn28-29 | Prísl 21,16-31 | Rim 14 | 1348-1355 | <input type="checkbox"/> |
| 197 | 2 Krn30-31 | Prísl 22,1-16 | Rim 15 | 1356-1361 | <input type="checkbox"/> |
| 198 | 2 Krn32-33 | Prísl 22,17-29 | Rim 16 | 1362-1372 | <input type="checkbox"/> |
| 199 | 2 Krn34-35 | Prísl 23,1-21 | Ef 1 | 1373-1381 | <input type="checkbox"/> |
| 200 | 2 Krn36 | Prísl 23,22-35 | Ef 2 | 1382-1390 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-------------|----------------|-------------|-------------|--------------------------|
| 201 | Ez 1-3 | Prísl 24,1-16 | Ef 3 | 1391-1401 | <input type="checkbox"/> |
| 202 | Ez 4-6 | Prísl 24,17-34 | Ef 4 | 1402-1405 | <input type="checkbox"/> |
| 203 | Ez 7-8 | Prísl 25,1-14 | Ef 5 | 1406-1419 | <input type="checkbox"/> |
| 204 | Ez 9-10 | Prísl 25,15-28 | Ef 6 | 1420-1426 | <input type="checkbox"/> |
| 205 | Neh 1-3 | Prísl 26,1-14 | Kol 1 | 1427-1433 | <input type="checkbox"/> |
| 206 | Neh 4-6 | Prísl 26,15-28 | Kol 2 | 1434-1442 | <input type="checkbox"/> |
| 207 | Neh 7-8 | Prísl 27,1-14 | Kol 3 | 1443-1449 | <input type="checkbox"/> |
| 208 | Neh 9-10 | Prísl 27,15-27 | Kol 4 | 1450-1460 | <input type="checkbox"/> |
| 209 | Neh 11-13 | Prísl 28,1-14 | Flp 1 | 1461-1470 | <input type="checkbox"/> |
| 210 | Tob 1-3 | Prísl 28,15-28 | Flp 2 | 1471-1479 | <input type="checkbox"/> |
| 211 | Tob 4-6 | Prísl 29,1-13 | Flp 3 | 1480-1484 | <input type="checkbox"/> |
| 212 | Tob 7-11 | Prísl 29,14-27 | Flp 4 | 1485-1498 | <input type="checkbox"/> |
| 213 | Tob 12-14 | Prísl 30,1-17 | Filemonovi | 1499-1505 | <input type="checkbox"/> |
| 214 | Jdt 1-3 | Prísl 30,18-33 | Lk 1,1-25 | 1506-1513 | <input type="checkbox"/> |
| 215 | Jdt 4-6 | Prísl 31,1-15 | Lk 1,26-56 | 1514-1519 | <input type="checkbox"/> |
| 216 | Jdt 7-8 | Prísl 31,16-31 | Lk 1,57-80 | 1520-1525 | <input type="checkbox"/> |
| 217 | Jdt 9-11 | Sir 1 | Lk 2,1-35 | 1526-1532 | <input type="checkbox"/> |
| 218 | Jdt 12-14 | Sir 2 | Lk 2,36-52 | 1533-1538 | <input type="checkbox"/> |
| 219 | Jdt 15-16 | Sir 3 | Lk 3,1-14 | 1539-1547 | <input type="checkbox"/> |
| 220 | Est A,1-2 | Sir 4 | Lk 3,15-38 | 1548-1553 | <input type="checkbox"/> |
| 221 | Est 3-C | Sir 5 | Lk 4,1-30 | 1554-1561 | <input type="checkbox"/> |
| 222 | Est D-8 | Sir 6 | Lk 4,31-44 | 1562-1571 | <input type="checkbox"/> |
| 223 | Est 9-10 | Sir 7 | Lk 5,1-26 | 1572-1580 | <input type="checkbox"/> |
| 224 | 1 Mak 1 | Sir 8 | Lk 5,27-39 | 1581-1589 | <input type="checkbox"/> |
| 225 | 1 Mak 2 | Sir 9 | Lk 6,1-31 | 1590-1600 | <input type="checkbox"/> |
| 226 | 1 Mak 3 | Sir 10 | Lk 6,32-49 | 1601-1608 | <input type="checkbox"/> |
| 227 | 1 Mak 4 | Sir 11 | Lk 7,1-23 | 1609-1620 | <input type="checkbox"/> |
| 228 | 1 Mak 5 | Sir 12 | Lk 7,24-50 | 1621-1632 | <input type="checkbox"/> |
| 229 | 1 Mak 6 | Veľp 1 | Lk 8,1-25 | 1633-1637 | <input type="checkbox"/> |
| 230 | 1 Mak 7-8 | Veľp 2 | Lk 8,26-56 | 1638-1645 | <input type="checkbox"/> |
| 231 | 1 Mak 9 | Veľp 3 | Lk 9,1-26 | 1646-1654 | <input type="checkbox"/> |
| 232 | 1 Mak 10 | Veľp 4 | Lk 9,27-45 | 1655-1658 | <input type="checkbox"/> |
| 233 | 1 Mak 11 | Veľp 5 | Lk 9,46-62 | 1659-1666 | <input type="checkbox"/> |
| 234 | 1 Mak 12 | Veľp 6 | Lk 10,1-24 | 1667-1673 | <input type="checkbox"/> |
| 235 | 1 Mak 13 | Veľp 7 | Lk 10,25-42 | 1674-1679 | <input type="checkbox"/> |
| 236 | 1 Mak 14 | Veľp 8 | Lk 11,1-26 | 1680-1690 | <input type="checkbox"/> |
| 237 | 1 Mak 15-16 | Múdr 1 | Lk 11,27-54 | 1691-1698 | <input type="checkbox"/> |
| 238 | 2 Mak 1-2 | Múdr 2,1-11 | Lk 12,1-31 | 1699-1715 | <input type="checkbox"/> |
| 239 | 2 Mak 3-4 | Múdr 2,12-24 | Lk 12,32-59 | 1716-1719 | <input type="checkbox"/> |
| 240 | 2 Mak 5-6 | Múdr 3,1-9 | Lk 13 | 1720-1729 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-------------|------------------|-------------|-------------|--------------------------|
| 241 | 2 Mak 7-8 | Múdr 3,10-19 | Lk 14 | 1730-1738 | <input type="checkbox"/> |
| 242 | 2 Mak 9-10 | Múdr 4,1-15 | Lk 15 | 1739-1748 | <input type="checkbox"/> |
| 243 | 2 Mak 11-12 | Múdr 4,16-19 | Lk 16 | 1749-1761 | <input type="checkbox"/> |
| 244 | 2 Mak 13-14 | Múdr 4,20-5,16 | Lk 17 | 1762-1775 | <input type="checkbox"/> |
| 245 | 2 Mak 15 | Múdr 5,17-23 | Lk 18,1-17 | 1776-1782 | <input type="checkbox"/> |
| 246 | Job 1-3 | Múdr 6,1-11 | Lk 18,18-43 | 1783-1802 | <input type="checkbox"/> |
| 247 | Job 4-7 | Múdr 6,12-25 | Lk 19,1-27 | 1803-1811 | <input type="checkbox"/> |
| 248 | Job 8-10 | Múdr 7,1-14 | Lk 19,28-48 | 1812-1821 | <input type="checkbox"/> |
| 249 | Job 11-14 | Múdr 7,15-30 | Lk 20,1-26 | 1822-1829 | <input type="checkbox"/> |
| 250 | Job 15-17 | Múdr 8,1-10 | Lk 20,27-47 | 1830-1845 | <input type="checkbox"/> |
| 251 | Job 18-20 | Múdr 8,11-21 | Lk 21 | 1846-1851 | <input type="checkbox"/> |
| 252 | Job 21-24 | Múdr 9 | Lk 22,1-23 | 1852-1864 | <input type="checkbox"/> |
| 253 | Job 25-28 | Múdr 10,1-12 | Lk 22,24-46 | 1865-1876 | <input type="checkbox"/> |
| 254 | Job 29-31 | Múdr 10,13-21 | Lk 22,47-71 | 1877-1885 | <input type="checkbox"/> |
| 255 | Job 32-34 | Múdr 11,1-14 | Lk 23,1-25 | 1886-1896 | <input type="checkbox"/> |
| 256 | Job 35-37 | Múdr 11,15-26 | Lk 23,26-56 | 1897-1904 | <input type="checkbox"/> |
| 257 | Job 38-39 | Múdr 12,1-11 | Lk 24,1-27 | 1905-1912 | <input type="checkbox"/> |
| 258 | Job 40-42 | Múdr 12,12-27 | Lk 24,28-53 | 1913-1927 | <input type="checkbox"/> |
| 259 | Iz 1-2 | Múdr 13,1-9 | 1 Tim 1 | 1928-1933 | <input type="checkbox"/> |
| 260 | Iz 3-5 | Múdr 13,10-19 | 1 Tim 2 | 1934-1938 | <input type="checkbox"/> |
| 261 | Iz 6-8 | Múdr 14,1-15 | 1 Tim 3 | 1939-1948 | <input type="checkbox"/> |
| 262 | Iz 9-10 | Múdr 14,16-31 | 1 Tim 4 | 1949-1953 | <input type="checkbox"/> |
| 263 | Iz 11-13 | Múdr 15,1-17 | 1 Tim 5 | 1954-1960 | <input type="checkbox"/> |
| 264 | Iz 14-16 | Múdr 15,18-16,14 | 1 Tim 6 | 1961-1964 | <input type="checkbox"/> |
| 265 | Iz 17-19 | Múdr 16,15-29 | Titovi | 1965-1974 | <input type="checkbox"/> |
| 266 | Iz 20-22 | Múdr 17,1-10 | 1 Ptr 1 | 1975-1986 | <input type="checkbox"/> |
| 267 | Iz 23-24 | Múdr 17,11-21 | 1 Ptr 2 | 1987-1995 | <input type="checkbox"/> |
| 268 | Iz 25-27 | Múdr 18,1-9 | 1 Ptr 3 | 1996-2005 | <input type="checkbox"/> |
| 269 | Iz 28-29 | Múdr 18,10-25 | 1 Ptr 4 | 2006-2011 | <input type="checkbox"/> |
| 270 | Iz 30-31 | Múdr 19,1-12 | 1 Ptr 5 | 2012-2016 | <input type="checkbox"/> |
| 271 | Iz 32-33 | Múdr 19,13-22 | 2 Ptr 1 | 2017-2029 | <input type="checkbox"/> |
| 272 | Iz 34-36 | Sir (=Eccl) úvod | 2 Ptr 2 | 2030-2040 | <input type="checkbox"/> |
| 273 | Iz 37-38 | Sir 1,1-15 | 2 Ptr 3 | 2041-2051 | <input type="checkbox"/> |
| 274 | Iz 39-40 | Sir 1,16-29 | Hebr 1 | 2052-2055 | <input type="checkbox"/> |
| 275 | Iz 41-42 | Sir 2,1-11 | Hebr 2 | 2056-2063 | <input type="checkbox"/> |
| 276 | Iz 43-44 | Sir 2,12-18 | Hebr 3 | 2064-2074 | <input type="checkbox"/> |
| 277 | Iz 45-46 | Sir 3,1-16 | Hebr 4 | 2075-2082 | <input type="checkbox"/> |
| 278 | Iz 47-48 | Sir 3,17-30 | Hebr 5 | 2083-2089 | <input type="checkbox"/> |
| 279 | Iz 49-50 | Sir 4,1-19 | Hebr 6 | 2090-2094 | <input type="checkbox"/> |
| 280 | Iz 51-52 | Sir 4,20-31 | Hebr 7 | 2095-2100 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-----------------|--------------|-------------|-------------|--------------------------|
| 281 | Iz 53-55 | Sir 5 | Hebr 8 | 2101-2109 | <input type="checkbox"/> |
| 282 | Iz 56-57 | Sir 6,1-22 | Hebr 9 | 2110-2117 | <input type="checkbox"/> |
| 283 | Iz 58-59 | Sir 6,23-37 | Hebr 10 | 2118-2128 | <input type="checkbox"/> |
| 284 | Iz 60-61 | Sir 7,1-17 | Hebr 11 | 2129-2141 | <input type="checkbox"/> |
| 285 | Iz 62-64 | Sir 7,18-36 | Hebr 12 | 2142-2149 | <input type="checkbox"/> |
| 286 | Iz 65-66 | Sir 8,1-9 | Hebr 13 | 2150-2159 | <input type="checkbox"/> |
| 287 | Jer 1-2 | Sir 8,10-19 | 2 Tim 1 | 2160-2167 | <input type="checkbox"/> |
| 288 | Jer 3-4 | Sir 9 | 2 Tim 2 | 2168-2179 | <input type="checkbox"/> |
| 289 | Jer 5-6 | Sir 10,1-18 | 2 Tim 3 | 2180-2183 | <input type="checkbox"/> |
| 290 | Jer 7-8 | Sir 10,19-30 | 2 Tim 4 | 2184-2188 | <input type="checkbox"/> |
| 291 | Jer 9-10 | Sir 11,1-17 | Jú dov list | 2189-2195 | <input type="checkbox"/> |
| 292 | Jer 11-12 | Sir 11,18-34 | Jn 1,1-23 | 2196-2200 | <input type="checkbox"/> |
| 293 | Jer 13-14 | Sir 12 | Jn 1,24-51 | 2201-2213 | <input type="checkbox"/> |
| 294 | Jer 15-16 | Sir 13,1-13 | Jn 2 | 2214-2220 | <input type="checkbox"/> |
| 295 | Jer 17-18 | Sir 13,14-25 | Jn 3,1-21 | 2221-2231 | <input type="checkbox"/> |
| 296 | Jer 19-21 | Sir 14,1-14 | Jn 3,22-36 | 2232-2243 | <input type="checkbox"/> |
| 297 | Jer 22-23,8 | Sir 14,15-27 | Jn 4,1-26 | 2244-2257 | <input type="checkbox"/> |
| 298 | Jer 23,9-24 | Sir 15 | Jn 4,27-54 | 2258-2267 | <input type="checkbox"/> |
| 299 | Jer 25-26 | Sir 16,1-14 | Jn 5,1-24 | 2268-2275 | <input type="checkbox"/> |
| 300 | Jer 27-29 | Sir 16,15-28 | Jn 5,25-47 | 2276-2283 | <input type="checkbox"/> |
| 301 | Jer 30-31,22 | Sir 17,1-14 | Jn 6,1-21 | 2284-2291 | <input type="checkbox"/> |
| 302 | Jer 31,23-32,44 | Sir 17,15-27 | Jn 6,22-40 | 2292-2301 | <input type="checkbox"/> |
| 303 | Jer 33-34 | Sir 18,1-14 | Jn 6,41-71 | 2302-2317 | <input type="checkbox"/> |
| 304 | Jer 35-36 | Sir 18,15-33 | Jn 7,1-24 | 2318-2330 | <input type="checkbox"/> |
| 305 | Jer 37-39 | Sir 19,1-17 | Jn 7,25-53 | 2331-2345 | <input type="checkbox"/> |
| 306 | Jer 40-42 | Sir 19,18-26 | Jn 8,1-30 | 2346-2359 | <input type="checkbox"/> |
| 307 | Jer 43-45 | Sir 20,1-17 | Jn 8,31-59 | 2360-2365 | <input type="checkbox"/> |
| 308 | Jer 46-47 | Sir 20,18-30 | Jn 9,1-23 | 2366-2379 | <input type="checkbox"/> |
| 309 | Jer 48 | Sir 21,1-14 | Jn 9,24-41 | 2380-2386 | <input type="checkbox"/> |
| 310 | Jer 49 | Sir 21,15-28 | Jn 10,1-21 | 2387-2400 | <input type="checkbox"/> |
| 311 | Jer 50 | Sir 22,1-15 | Jn 10,22-42 | 2401-2406 | <input type="checkbox"/> |
| 312 | Jer 51 | Sir 22,16-27 | Jn 11,1-27 | 2407-2418 | <input type="checkbox"/> |
| 313 | Jer 52 | Sir 23,1-15 | Jn 11,28-57 | 2419-2425 | <input type="checkbox"/> |
| 314 | Náreky 1 | Sir 23,16-27 | Jn 12,1-26 | 2426-2436 | <input type="checkbox"/> |
| 315 | Náreky 2 | Sir 24,1-17 | Jn 12,27-50 | 2437-2442 | <input type="checkbox"/> |
| 316 | Náreky 3 | Sir 24,18-31 | Jn 13 | 2443-2449 | <input type="checkbox"/> |
| 317 | Náreky 4-5 | Sir 25,1-11 | Jn 14 | 2450-2463 | <input type="checkbox"/> |
| 318 | Bar 1-2 | Sir 25,12-25 | Jn 15 | 2464-2470 | <input type="checkbox"/> |
| 319 | Bar 3-4 | Sir 26 | Jn 16 | 2471-2474 | <input type="checkbox"/> |
| 320 | Bar 5-6 | Sir 27,1-15 | Jn 17 | 2475-2487 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|----------------|--------------|--------------|-------------|--------------------------|
| 321 | Ez 1-3 | Sir 27,16-30 | Jn 18 | 2488-2499 | <input type="checkbox"/> |
| 322 | Ez 4-7 | Sir 28,1-12 | Jn 19,1-22 | 2500-2503 | <input type="checkbox"/> |
| 323 | Ez 8-10 | Sir 28,13-26 | Jn 19,23-42 | 2504-2513 | <input type="checkbox"/> |
| 324 | Ez 11-13 | Sir 29,1-13 | Jn 20 | 2514-2519 | <input type="checkbox"/> |
| 325 | Ez 14-16 | Sir 29,14-28 | Jn 21 | 2520-2533 | <input type="checkbox"/> |
| 326 | Ez 17-18 | Sir 30,1-13 | 1 Jn 1 | 2534-2540 | <input type="checkbox"/> |
| 327 | Ez 19-20 | Sir 30,14-25 | 1 Jn 2 | 2541-2547 | <input type="checkbox"/> |
| 328 | Ez 21-22 | Sir 31,1-15 | 1 Jn 3 | 2548-2557 | <input type="checkbox"/> |
| 329 | Ez 23-24 | Sir 31,16-31 | 1 Jn 4 | 2558-2565 | <input type="checkbox"/> |
| 330 | Ez 25-27,11 | Sir 32,1-13 | 1 Jn 5 | 2566-2573 | <input type="checkbox"/> |
| 331 | Ez 27,12-28,26 | Sir 32,14-24 | 2 Jn | 2574-2580 | <input type="checkbox"/> |
| 332 | Ez 29-30 | Sir 33,1-15 | 3 Jn | 2581-2589 | <input type="checkbox"/> |
| 333 | Ez 31-32 | Sir 33,16-33 | Zjv 1 | 2590-2597 | <input type="checkbox"/> |
| 334 | Ez 33-34 | Sir 34,1-12 | Zjv 2 | 2598-2606 | <input type="checkbox"/> |
| 335 | Ez 35-37 | Sir 34,13-26 | Zjv 3 | 2607-2616 | <input type="checkbox"/> |
| 336 | Ez 38-39 | Sir 35 | Zjv 4 | 2617-2622 | <input type="checkbox"/> |
| 337 | Ez 40-41 | Sir 36,1-14 | Zjv 5 | 2623-2636 | <input type="checkbox"/> |
| 338 | Ez 42-44 | Sir 36,15-27 | Zjv 6 | 2637-2649 | <input type="checkbox"/> |
| 339 | Ez 45-46 | Sir 37,1-15 | Zjv 7 | 2650-2662 | <input type="checkbox"/> |
| 340 | Ez 47-48 | Sir 37,16-30 | Zjv 8 | 2663-2672 | <input type="checkbox"/> |
| 341 | Dan 1-2 | Sir 38,1-23 | Zjv 9 | 2673-2682 | <input type="checkbox"/> |
| 342 | Dan 3 | Sir 38,24-34 | Zjv 10 | 2683-2696 | <input type="checkbox"/> |
| 343 | Dan 4-5 | Sir 39,1-16 | Zjv 11 | 2697-2708 | <input type="checkbox"/> |
| 344 | Dan 6-7 | Sir 39,17-35 | Zjv 12 | 2709-2724 | <input type="checkbox"/> |
| 345 | Dan 8-9 | Sir 40,1-17 | Zjv 13 | 2725-2733 | <input type="checkbox"/> |
| 346 | Dan 10-12 | Sir 40,18-30 | Zjv 14 | 2734-2741 | <input type="checkbox"/> |
| 347 | Dan 13-14 | Sir 41 | Zjv 15 | 2742-2745 | <input type="checkbox"/> |
| 348 | Oz 1-4 | Sir 42,1-14 | Zjv 16 | 2746-2758 | <input type="checkbox"/> |
| 349 | Oz 5-8 | Sir 42,15-25 | Zjv 17 | 2759-2764 | <input type="checkbox"/> |
| 350 | Oz 9-11 | Sir 43,1-12 | Zjv 18 | 2765-2772 | <input type="checkbox"/> |
| 351 | Oz 12-14 | Sir 43,13-35 | Zjv 19 | 2773-2776 | <input type="checkbox"/> |
| 352 | Joel | Sir 44,1-11 | Zjv 20 | 2777-2778 | <input type="checkbox"/> |
| 353 | Am 1-4 | Sir 44,12-23 | Zjv 21 | 2779-2785 | <input type="checkbox"/> |
| 354 | Am 5-9 | Sir 45,1-14 | Zjv 22 | 2786-2793 | <input type="checkbox"/> |
| 355 | Abdiáš | Sir 45,15-26 | Mt 1,18-2,12 | 2794-2802 | <input type="checkbox"/> |
| 356 | Jonáš | Sir 46 | Mt 2,13-23 | 2803-2806 | <input type="checkbox"/> |
| 357 | Micheáš | Sir 47,1-11 | Lk 1,1-25 | 2807-2815 | <input type="checkbox"/> |
| 358 | Náhum | Sir 47,12-25 | Lk 1,26-56 | 2816-2821 | <input type="checkbox"/> |
| 359 | Habakkuk | Sir 48,1-11 | Lk 1,57-80 | 2822-2827 | <input type="checkbox"/> |
| 360 | Sofoniáš | Sir 48,12-25 | Lk 2,1-21 | 2828-2837 | <input type="checkbox"/> |

Dátum začiatku čítania tejto časti: _____,

| Deň | Sväté Písmo | | | Katechizmus | O.K. |
|-----|-------------|--------------|-------------|-------------|--------------------------|
| 361 | Aggeus | Sir 49, | Lk 2,22-52 | 2838-2841 | <input type="checkbox"/> |
| 362 | Zach 1-5 | Sir 50,1-13 | Jn 1,1-18 | 2842-2845 | <input type="checkbox"/> |
| 363 | Zach 6-10 | Sir 50,14-29 | Col 1,14-23 | 2846-2849 | <input type="checkbox"/> |
| 364 | Zach 11-14 | Sir 51,1-12 | Phil 2,5-11 | 2850-2856 | <input type="checkbox"/> |
| 365 | Malachiáš | Sir 51,13-30 | Jn 3,16-21 | 2857-2865 | <input type="checkbox"/> |

Štúdium Svätého Písma a Katechizmu Katolíckej cirkvi som ukončil dňa:

Podpis:

ODPORÚČANÝ POSTUP PRI ČÍTANÍ:

- Urob si čas – 20 až 30 minút denne, najlepšie v rovnakú dennú dobu.
- Prežehnaj sa a pomodli sa vlastnými, jednoduchými slovami k Bohu. Vyzývaj pomoc Ducha Svätého.
- Čítajúc, vnímaj Božie slová a buď otvorený výzvam, ktoré adresujú Tvojmu každodennému životu.
- Keď dočítaš, zotrvaj chvíľu v tichu, v uvažovaní nad tým, čo si počul a odpovedaj v modlitbe Bohu na Jeho oslovenie prostredníctvom textu, ktorý si práve čítal.
- Odškrtni si políčko na znak toho, že dané čítanie si ukončil.
- Povzbudzujeme Ťa, aby ste spoločne vytvorili skupinku 4 – 5 ľudí, ktorí budú každý ráno čítať rovnakú časť Biblie a Katechizmu a potom sa raz týždenne zídete na stretnutí, kde sa budete navzájom deliť s tým, ako Vás Pán cez čítané slová oslovili a akým spôsobom Jeho slová nasledujete.
- Niektoré state môžu pôsobiť nudne, alebo príliš náročne. Nenechaj sa znechutiť, buď trpezlivý, Boh isto prehovorí, aj keď niekedy až po dlhšom období suchopárnosti...